



# Free resources

*to help your patients  
quit using tobacco*

— ILLINOIS —  
**TOBACCO  
QUITLINE**  
YOUR QUIT, YOUR CALL

# Referring your patient to the Illinois Tobacco Quitline is simple:

## It's a free program:

Free resources available to you and your patients to help them quit tobacco use (cigarettes, e-cigarettes/vapes, cigars, smokeless).

## It's personalized to their needs:

Counselors trained in tobacco cessation develop a custom quit plan tailored to your patients' experience with tobacco.

Our counselors can provide additional support for those who need it, such as those planning to become pregnant, pregnant, or with behavioral health conditions related to mental health or substance use.

## It's evidence-based:

The Quitline offers effective forms of quit support, including nicotine patches, lozenges, and gum for those eligible, increasing the chances of your patients quitting successfully.



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Scan here or visit: [QuitYes.org](https://QuitYes.org)  
711 TTY Relay